

● Being Me in My World ●

These are optional homework tasks for students to complete at home. We recommend students complete at least x4 per half term, but students can complete as many as they are able to. This homework will be marked and assessed by the teaching staff.

Tutor Tasks	English Tasks	Science Tasks	Maths Tasks	Creative Arts	Personal Development
 Speaking and Listening	 Writing Skills	 Biology: Me and My Body	 Number & Operations	 Expressive Tasks	 Reflective Thinking Tasks
My World Presentation: Prepare a short talk about your life, hobbies, and dreams. Use props or images if you like.	Autobiographical Poem: Write a poem that describes who you are, where you're from, and what matters most to you.	Body Systems Poster: Create a poster showing one body system (e.g. digestive, respiratory, circulatory). Label key parts and explain how it helps you live in your world.	Multiplication in My World: Estimate how many steps you take in a day, then multiply to find how many in a week, month, and year.	Identity Collage with Captions: Create a collage of images and words that represent you. Write short captions explaining each choice.	Playlist of Me: Choose three songs that represent your life or personality. Write a paragraph explaining each choice.
Interview a Family Member: Ask someone about their childhood and write a short report comparing their world to yours.	My Perfect Day: Describe your ideal day from start to finish. Use sensory details to bring it to life.	Microbes Around Me: Research where microbes live in your home. Write a short report on helpful vs harmful microbes and how to stay healthy.	My Life in Numbers: Write down 10 numbers that represent your life (e.g. shoe size, number of siblings, house number, favourite footballer's score). Explain what each number means.	Self-Portrait with a Twist: Create a self-portrait using unusual materials. Include symbols that represent your personality.	Mood Colour Wheel: Create a colour wheel showing how different colours represent your emotions or experiences. Annotate with short descriptions.
Interview your Tutor: Ask a member of staff about why they became a teacher and their interests both in and outside of school.	A Place That Matters: Describe a place that's important to you—your bedroom, a park, your school—and explain why.	 Chemistry: Me and My Environment	 Measurement & Geometry	My World in a Box: Design a shoebox diorama that represents your world—home, hobbies, dreams, and culture. Use found objects, drawings, and textures.	Map of Me: Draw a map that represents your life—include places, people, and events that shape your world. Use creative labels and icons.
Reflective 'Thinking' Tasks	 Reading and Comprehension Tasks	Materials Hunt List: 10 objects in your home. Identify what material each is made from and why that material is suitable.	Shape Hunt: Find 10 different 2D or 3D shapes around your home. Name them, describe their properties, and sort them into categories.		

Letter to My Future Self: Write a letter to yourself 10 years from now. What do you hope you'll be doing? What advice would you give?	News Reflection: Find a news article that relates to young people. Summarize it and explain how it connects to your world.	Recycling Challenge: Investigate what can be recycled in your local area. Create a guide for your household to reduce waste.	Height Tracker: Record your height and compare it to family members. Create a bar chart and calculate the mean, median, and range.	Found Sound Composition: Create a short rhythm or soundscape using objects from your home (e.g. tapping, scraping, shaking). Record or notate your composition.	Kindness Tracker: Track acts of kindness you give or receive over a week. Write a short reflection on how kindness affects your world.
		 Physics: Me and My Energy Use	 Data & Statistics		
	Character Connections: Read a short story and compare yourself to the main character. How are you similar or different?	Energy Audit: Track how you use energy at home for one day (lights, devices, heating). Suggest ways to reduce energy use.	Survey Your World: Create a short survey (e.g. favourite food, hobbies, screen time) and ask 10 people. Present the results in a graph or chart.	Wearable World: Design a piece of clothing or accessory that represents your world—use colour, pattern, and symbolism to tell your story.	Decision Diary: Record three decisions you made in one day. What influenced your choices—emotions, logic, other people?
	Poetry Analysis: Read a poem about identity or belonging. What message does it share about being part of a world?	Sound Around Me: Identify different sounds in your environment. Explain how sound travels and how we hear it.	Screen Time Analysis: Record how much time you spend on different devices each day for a week. Create a pie chart to show the breakdown.	Identity Colour Palette: Choose five colours that represent different aspects of your identity (e.g. calm, energetic, cultural roots). Create an artwork using only those colours.	Food Diary Analysis: Keep a food diary for one day. Identify which nutrients you consumed and explain how they support your body.

Reading books which celebrate the themes of Identity, Courage and Self-Acceptance:

Child/ Teen Fiction (Ages ~10–16)

 **Good Different** by Meg Eden Kuyatt

Selah struggles to fit in at school while masking her emotions. A powerful story about neurodiversity and self-acceptance.

 **Be True to Your Selfie** by Lisa Sugarman

Ella navigates middle school popularity and learns the value of authenticity over fitting in.

 **Wonder** by R.J. Palacio

A moving story of Auggie, a boy with facial differences, and how he finds friendship and acceptance in a new school.

 **El Deafo** by Cece Bell

A graphic novel memoir about growing up with hearing loss and discovering your inner superhero.

 **The Pants Project** by Cat Clarke

Liv, a transgender boy, fights for the right to wear trousers at school — a story of courage and identity.

